



Truffles
FINE FOODS

OVAL EXPRESS
MEETING
PACKAGES

BREAKFAST

CANADIAN CONTINENTAL BREAKFAST

PRICE PER PERSON

\$18.00

minimum of 12 orders

FRESH FRUIT SALAD (GF)(DF)(VEGAN)

cantaloupe, grapes, pineapple, honeydew, strawberries

YOGURT & BERRY BREAKFAST PARFAIT

mixed berry compôte, house-made granola

FRESHLY BAKED PASTRIES

scones, muffins, Danish, croissants with butter and jam

COFFEE, TEA AND ASSORTED JUICES

Columbian coffee & assorted teas. served with milk, cream, sugar and sweetener. apple, orange, grapefruit and cranberry juice

PLANT BASED CONTINENTAL BREAKFAST

PRICE PER PERSON

\$18.00

Minimum of 12 orders

FRESH FRUIT SALAD (GF)(DF)(VEGAN)

cantaloupe, grapes, pineapple, honeydew, strawberries

PLANT BASED BLUEBERRY & CHIA SEED PUDDING (GF)(DF)(VEGAN)

almond milk, oat & almond granola

FROM THE BAKERY (DF)(VEGAN)

scones, muffins, and banana bread with jam

COFFEE, TEA AND ASSORTED JUICES

Columbian coffee & assorted Stash teas. served with soy milk, sugar and sweetener. apple, orange, grapefruit and cranberry juice

ROCKY MOUNTAIN BREAKFAST

PRICE PER PERSON

\$27.50

minimum of 12 orders

SCRAMBLED FREE-RANGE EGGS (GF)

cheddar cheese, fresh herbs

HOME-STYLE HASH BROWNS (GF)(DF)(VEGAN)

B.C potatoes fried with green onion

SMOKED BACON (GF)(DF)

TRADITIONAL PORK BREAKFAST SAUSAGE (DF)

FRESH FRUIT SALAD (GF)(DF)(VEGAN)

cantaloupe, grapes, pineapple, honeydew, strawberries

ASSORTED CONDIMENTS

COFFEE, TEA AND ASSORTED JUICES

Columbian coffee & assorted teas. served with milk, cream, sugar and sweetener. apple, orange, grapefruit and cranberry juice

PLANT BASED HOT BREAKFAST

PRICE PER PERSON

\$27.50

Minimum of 12 orders

VEGAN SCRAMBLED EGGS (GF)(DF)(VEGAN)

vegan cheese and fresh herbs

HOME-STYLE HASH BROWNS (GF)(DF)(VEGAN)

B.C potatoes fried with green onion

VEGAN BACON (GF)(DF)(VEGAN)

VEGAN BREAKFAST SAUSAGE PATTY (GF)(DF)(VEGAN)

FRESH FRUIT SALAD (GF)(DF)(VEGAN)

cantaloupe, grapes, pineapple, honeydew, strawberries

COFFEE, TEA AND ASSORTED JUICES (DF)(VEGAN)

Columbian coffee & assorted teas. served with soy milk, sugar and sweetener. apple, orange, grapefruit and cranberry

LUNCH

BOXED LUNCH OPTIONS

CLASSIC BOXED LUNCH

\$23.75

Includes one of our classic sandwiches, artisan mixed green salad, daily dessert and whole fruit

DELUXE BOXED LUNCH

\$25

Includes one of our deluxe sandwiches, artisan mixed green salad, daily dessert and whole fruit

EXPRESS LUNCH

PRICE PER PERSON

\$22

Minimum of 10 people

FRESH ARTISAN SANDWICH PLATTER

a selection of our sandwiches cut in half.

choose 3 sandwiches from the following:

- o roasted beef & cheddar cheese with Dijon mustard aioli, pickled red onion, arugula, herb focaccia
- o grilled Greek vegetable with mushrooms, zucchini, red pepper, eggplant, hummus, herb focaccia (DF)(VEGAN)
- o smoked ham & cheddar cheese with tomato, green leaf lettuce, shaved red onion, Dijon mustard aioli, multigrain bread

- o free range egg salad with green onion, celery, mayonnaise, green leaf lettuce, multigrain bread
- o vegan tofu Vietnamese banh mi with marinated tofu, vegan sriracha mayonnaise, cilantro, cucumber, pickled carrots & daikon, toasted baguette
- o roasted turkey & Swiss cheese with fresh green apples, arugula, cranberry mayonnaise, farmhouse sourdough
- o bocconcini cheese & vine ripened tomato with sun-dried tomato spread, arugula, balsamic reduction, herb focaccia
- o grilled chicken with basil mayonnaise, roasted red peppers, green leaf lettuce, herb focaccia (DF)
- o roasted turkey club wrap with smoked bacon, avocado, tomato, green leaf lettuce, mayonnaise, whole wheat tortilla (DF)

ROASTED TOMATO & BASIL (GF)(DF)(VEGAN)

fire roasted tomatoes, fresh basil

ARTISAN MIXED GREENS (GF)(DF)(VEGAN)

fresh tomatoes, cucumber, julienne carrot, sliced radish, balsamic vinaigrette

EXPRESS BUFFET LUNCH

PRICE PER SERVING

minimum of 10 orders per entrée

BRAISED AAA BEEF SHORT RIB (GF)(DF) \$31.00

red wine jus, grainy mustard

GRILLED LEMONGRASS CHICKEN (GF)(DF) \$26.00

marinated in garlic, chili & lemongrass

SESAME CRUSTED TOFU (GF)(DF)(VEGAN) \$21.00

marinated in soy, rice wine vinegar, garlic & sesame

SIDES

Entrees are served with

HERB & SEA SALT ROASTED VEGETABLES (GF)(DF)(VEGAN)

FRESH HERBED RICE PILAF (GF)(DF)(VEGAN)

EXPRESS PASTA LUNCH

PRICE PER SERVING

minimum of 10 orders per entrée

HOME-MADE BAKED BEEF LASAGNA \$23.00

mozzarella, ricotta, tomato sauce, spinach, fresh basil, served with garlic bread

CHICKEN PENNE PASTA \$24.00

grilled Fraser Valley chicken, kale, parmesan, garlic cream sauce, served with garlic bread

ROTINI VEGETABLE POMODORO (DF)(Vegan) \$20.00

roasted peppers, zucchini, eggplant, fresh basil, rich tomato sauce, served with herbed olive oil focaccia

———— SNACKS ————

HARD BITE POTATO CHIPS assorted flavours	\$3.00
WHOLE FRUIT apples, oranges, pears or bananas	\$1.50

———— BEVERAGES ————

COFFEE AND TEA SERVICE Columbian coffee & assorted teas. served with milk, cream, sugar and sweetener	\$3.50
ASSORTED POP & JUICES Coca Cola, Diet Coke, Sprite, ginger ale, apple juice, orange juice, grapefruit juice or cranberry juice	\$3.00
ASSORTED KOMBUCHA raspberry lemon or ginger lemon	\$3.95
ASSORTED PELLEGRINO aranciata, aranciata rossa or limonata	\$3.95
TRUFFLES STILL OR SPARKLING WATER	\$3.00
HOUSE-MADE LEMONADE infused with blueberry and mint. Served in dispenser, minimum 25 servings	\$4.95
HOUSE-MADE ICED TEA infused with lemon and basil. Served in dispenser, minimum 25 servings	\$4.95